

**Are you among the 1/3 percent of the women experiencing these symptoms? You might have a problem with your Thyroid Gland**

1. An overactive thyroid can be slowed to normal via nutrition.
2. Depression
3. Low thyroid can cause psychosis.
4. Repeated ear infections
5. Low thyroid can reduce kidney function.
6. Low thyroid makes it hard to concentrate.
7. Low thyroid can lead to boils.
8. Low thyroid can cause impetigo.
9. Low thyroid leads to acne.
10. Low thyroid slows blood circulation, leading to blood clots.
11. Low thyroid can cause recurrent headaches.
12. Low thyroid can cause rheumatoid arthritis.
13. Low thyroid can lead to many autoimmune diseases.
14. Thyroid tests don't often detect low thyroid. Or high.
15. Low thyroid causes irregular menstrual periods.
16. Low thyroid can cause psoriasis.
17. Low thyroid can lead to bone infections.
18. Low thyroid can cause a loss of appetite.
19. Are you cold all the time
20. Low thyroid can lead to feelings of paranoia.
21. Low thyroid can be misdiagnosed as dementia.
22. Did you know untreated low thyroid doubles heart attack risk?

23. Low thyroid affects balance.
24. Low thyroid leads to achy muscles.
25. Low thyroid can cause a burning, prickly sensation.
26. Dry skin can be a sign of low thyroid.
27. Puffy, beady eyes can mean low thyroid.
28. Did you know that a baby's low thyroid can cause "failure to thrive " ?
29. Even slightly low thyroid makes life miserable.
30. Low thyroid can look like laziness.
31. Low thyroid reduces heartbeat strength.
32. The mental fatigue of low thyroid is like battle fatigue
33. Migraines can be related to low thyroid.
34. Low thyroid whacks emotional stability.
35. Low thyroid can cause hallucinations.
36. Low thyroid increases the risk of infectious diseases.
37. Your thyroid falters without enough saturated fat in your diet.
38. Low thyroid can lead to suicidal thoughts.
39. Low thyroid can cause convulsive seizures.
40. Ichthyosis (fish skin) comes from low thyroid.
41. Low thyroid can cause high blood pressure.
42. Low thyroid leads to osteoporosis.
43. Low thyroid makes you more susceptible to Lyme Disease. High thyroid may, too.

Good nutrition plus nutritional supplements are essential for thyroid health..

If you need a Thyroid medication get the natural thyroid (Armour, natural Thyroid) that actually works, thyroid drugs can't do the job alone, you still need good nutrition.